

# MEXICO'S COPPER CANYON RUNNING WITH THE TARAHUMARA



## Oct 11-19, 2017

*A fascinating and inspiring true adventure running along the Sierra Madre Mountains trails and discovering the mystic secrets of the strong-footed Tarahumara Indians.*

### Day 1 - Oct 11 - Hermosillo

All day arrivals to Hermosillo International Airport (HMO). Transportation to the hotel is included. Option available to motorcoach from Phoenix to Hermosillo. Motorcoach transportation included.

### Day 2 - Hermosillo to San Carlos

Welcome breakfast and orientation at the hotel to discuss the week's activities. Brief sightseeing in Hermosillo before departing for San Carlos. The afternoon is yours to explore the area or spend time at the hotel's private beach club. Kick-off fiesta at the beach club this evening.

### Day 3 - San Carlos

#### 1<sup>st</sup> of series of 3 runs - 3.5 miles

This morning marks the first run of the series. The 3.5 mile run takes place on the beach along the sea of Cortez. A group dinner is included this evening at a local restaurant.

### Day 4 - San Carlos to El Fuerte

Transfer from San Carlos to El Fuerte in the morning with a visit to the pearl farm before we leave town. Lunch will be at a private home in the town of Navajoa. Arrive to El Fuerte around 3:30 pm. Enjoy a walking or fun run tour of town before the folkloric show and dinner at the hotel.

### Day 5 - El Fuerte to Cerrocaui

Early start this morning to board the train to Cerrocaui. Arrive and have lunch at the hotel. Afternoon hike/fun-run to the Cerrocaui waterfall. Meet with Tarahumara runners this evening and have an introduction to the Tarahumara culture and enjoy a traditional meal.

### Day 6 - Cerrocaui to Divisadero

#### 2<sup>nd</sup> of our series of 3 runs - 4 miles (Highest Elevation)

This morning you will have the opportunity to run alongside the famous Tarahumara runners in the Sierra Madre Mountains. This relatively untouched locale served as the inspiration for the well-known book, "Born to Run", and was host to the marathons in which "Caballo Blanco" participated. During the afternoon you will meet again with the Tarahumara runners and their families to practice a Tarahumara tradition of KORIMA,

the simple yet beautiful notion of sharing abundance with others, rather than living a life of excess. "What I have, you have." We will share food and supplies. After, transfer to Divisadero (Elevation 8,000 feet).

### Day 7 - Divisadero

#### 3<sup>rd</sup> of our series of 3 runs - 5.5 miles

This morning, run along the canyon rim hitting several iconic viewpoints and traverse a canyon via suspension bridge along the way. After the run, you will have the opportunity to visit the new Copper Canyon Adventure Park. Activities include: fly high along the 2<sup>nd</sup> longest zip line course in the world, ride the Zip Rider the Longest Zip Line in the world, or play it safe and descend into the canyons via the new Copper Canyon Tram (activities optional and not included in price).

### Day 8 - Divisadero to Chihuahua

Transfer this afternoon the Historical City of Chihuahua. Stop in Mennonite Country along the way for lunch and to learn about this culture's influence and experience in Mexico. A farewell dinner at a local restaurant this evening.

### Day 9 - Oct 19

Early morning breakfast at the hotel before transferring to Chihuahua International Airport (CUU) or El Paso International Airport (ELP). Option available to motorcoach back to Phoenix (2 Days) via Nuevos Casas Grandes with cultural stops along the way. Transportation and overnight accommodations included.

**Single:** \$2575.00/person **Double:** \$2225.00/person  
**Includes:** Certified guide, all accommodations, meals as indicated, motorcoach transportation, airport transfers, and Free Spirit swag.

#### Contact:

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